

# Event Schedule

Thursday, July 21, 2016

## Running Events

Time	Event	Age Groups	Notes
9:00am	3000m Run Finals	15-16G, 17-18G, 15,16B, 17-18B, Open Women and Men	May Combine by gender
10:30am	800m Run Finals	8UG, 8UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B	
11:30am	200m Dash Prelims	13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B, Open women and Men	Top 8 Advance to Finals

## Field Events

Long Jump	Triple Jump	Shot Put	Turbo Jav	High Jump
<b>9am Start</b>	<b>9am Start</b>	<b>9am Start</b>	<b>9am Start</b>	<b>9am Start</b>
9G	13G	8UG	8UG	17-18G
9B	13B	8UB	8UB	17-18B
10G	14G	9G	9G	15-16G
10B	14B	9B	9B	15-16B
11G		10G	10G	Open W
11B		10B	10B	Open M
		11G		
		11B		

Friday, July 22, 2016

## Running Events

Time	Event	Age Groups	Notes
9:00am	2000 Steeplechase	15-16G,17-18W,15-16B, 17-18M	
9:45am	100m Dash Prelims	All	Top 8 Advance to Finals
11:00am	1500m Run Finals	13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B	
12:30pm	400m Dash Finals	8UG, 8UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B	
1:30pm	400m Dash Prelims	13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B, Open women and Men	Top 8 Advance to Finals

## Friday, July 22, 2016

### Field Events

Long Jump	Triple Jump	Shot Put	Javelin	High Jump
9am Start	9am Start	9am Start	9am Start	9am Start
12G	17-18G	12G	15-16G	8UG
12B	17-18B	12B	15-16B	8UB
13G	15-16G	13G	17-18G	9G
13B	15-16B	13B	17-18B	9B
14G		14G	Open W	10G
14B		14B	Open M	10B

## Saturday, July 23, 2016

### Running Events

Time	Event	Age Groups	Notes
9:00am	1500m Racewalk	All	
9:30am	400m Hurdle Finals	15-16 & 17-18 Years, Open	Boys will run first
10:00am	200M Hurdle Finals	13G, 13B, 14G, 14B	
11:00am	3000m Run Finals	11G, 12G, 13G, 14G, 11B, 12B, 13B, 14B	May Combine by gender
12:00pm	200m Dash Finals	All	
1:00pm	800m Finals	13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-	
2:00pm	4x100m Relay Finals	All	

### Field Events

Long Jmp	Shot Put	Discus	Javelin	High Jump	Pole Vault
9am Start	9am Start	9am Start	9am Start	9am Start	9am Start
15-16G	15-16G	11G	13G	11G	13G,14G
15-16B	15-16B	11B	13B	11B	15-16G
17-18G	17-18G	12G	14G	12G	17-18G
17-18B	17-18B	12B	14B	12B	Open W
Open W	Open W	13G			
Open M	Open M	13B			

Sunday, July 24, 2016

**Running Events**

Time	Event	Age Groups
8:30am	<b>3000m Racewalk</b>	All
9:00am	<b>100m Dash Finals</b>	All
9:30am	<b>400m Dash Finals</b>	13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B, Open Women and Men
10:00am	<b>1500m Run Finals</b>	8UG, 9G, 10G, 11G, 12G, 8UB, 9B, 10B, 11B, 12B
11:30am	<b>80m Hurdle Finals</b>	11G, 11B, 12G, 12B
11:45am	<b>100m Hurdle Finals</b>	13G, 14G, 13B, 14B, 15-16G, 17-18G, Open Women
12:15pm	<b>110m Hurdle Finals</b>	15-16B, 17-18B, Open Men
1:00pm	<b>4x400m Relay Finals</b>	9-10G, 9-10B, 11,12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18W, 17-18M
	<b>Team Awards Presentation</b>	Top 3 Teams in Overall Points & Team Champion in each age group by gender

**Field Events**

Long Jump	Discus	Turbo Jav	High Jump	Pole Vault
9am Start	9am Start	9am Start	9am Start	9am Start
6UG	14G	11G	14G	13B
6UB	14B	11B	14B	14B
8UG	15-16G	12G	13G	15-16B
8UB	15-16B	12B	13B	17-18B
	17-18G			Open M
	17-18B			
	Open W			
	Open M			

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All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU **Youth** Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.